

Health Psychology, Ph.D. – Program Newsletter

Fall 2018



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Program News

For additional information, please visit our website: <http://healthpsych.umcc.edu/>

From the Program Director Virginia Gil-Rivas, Ph. D.

I am pleased to share with you some of the most recent program activities and the achievement of students and faculty in the Health Psychology Program. Over the past year, we welcomed new faculty and students into our program, launched new initiatives, and expanded our collaboration with several community organizations. Wishing a smooth end of the semester and a happy holiday season!

Welcome to new program faculty!

Dr. Erin Basinger, Assistant Professor in the Department of Communication Studies, has joined the Health Psychology faculty.

Program of research: Dr. Basinger's research focuses on interpersonal processes, including stress and coping and social support, as they occur in the health contexts (e.g., chronic illness, bereavement, mental illness). Specifically, she investigates how family members cope together or separately with stressors and how their coping patterns influence individual and relational outcomes. Her recent work focuses on type 2 diabetes and military deployment and how the individual stress of a diagnosis or a deployment affect and are affected by family members.



Dr. Alexia Galetti, Assistant Professor, has joined the Department of Psychological Science.

Program of research: Perspective-taking is ubiquitous in everyday life: in many situations people must consider perspectives distinct from our own, including others' emotions, perceptions, knowledge, and beliefs. Yet this fundamental cognitive skill is subject to many underexplored constraints. Dr. Galetti's research program examines how people keep track of each other's perspective in conversation, how they adapt their language and behavior to coordinate when working together, and how successful that coordination ultimately is. In a health care context, she is interested in the relationship between treatment outcomes and the interactions between patients and professionals in the health care system. For example, identifying linguistic signatures of miscommunication in these interactions could be valuable for predicting divergence from treatment protocols and could help mitigate its potentially detrimental effects. In another line of research, she is interested in leveraging virtual reality (VR) technology to examine how health-related practices are related to behavior in (real and virtual) space. Finally, she is broadly interested in perspective-taking skills across the lifespan, and how decrements in these skills may impact the well-being of older adults, in particular.



Update from the clinical concentration!

We continue to have a vibrant group of students and a growing cadre of graduates from the clinical concentration!

In 2017, Bradley Aleshire, Austin Coates, Lena Etzel, Maggie Giggler, Taryn Greene, and Leslie Snapper joined the concentration.

In 2018, we welcomed Iris Fraude, Jodie Lisenbee, Alexis Mitchell, Jan Mooney, and Rachel Uri. They are already making such a positive contribution to our program, even as they bear up under the heavy course load of the first semester. Welcome!

Next, please congratulate three students who are currently completing their clinical internship during the 2018-2019 year. Cara Blevins is enjoying her training at the Asheville VA; Leila Forbes is rounding out her clinical training at the Counseling and Psychological Services Center at UNCC; and Brooke Palmer is engaged in the adult track of the internship at the University of Kansas Medical Sciences Center. Each of these excellent students was matched to her first choice!

Congratulations are also due to a number of clinical program graduates whose degrees were or will be conferred during 2018. This includes:

- Dr. Allison (Knotts) Bickett who continues her excellent work as the Director of Behavioral Medicine Education in the Atrium Health Department of Family Medicine;
- Dr. Chuck Burgess, who is enhancing his clinical and outreach skills through a post-doc at the University of Missouri Student Counseling Center;
- Dr. Christine (Smith) Mason, who is specializing in Obesity and Weight Management on her post-doc at Rush Medical Center;
- Dr. Sandy Milling, who has a full-time position as a Behavioral Health Consultant at the Cabarrus Rowan Community Health Center, and;
- Dr. Alyssa Vela, who is obtaining advanced clinical health psychology training through a post-doc in the Michigan Center for Advanced Psychology Training.

We are very excited that our graduates continue to contribute so much to the field of clinical health psychology!

Finally, the Clinical concentration continues to be APA accredited* while we await final word from the Commission on Accreditation (CoA) about our accreditation renewal. The renewal process began with the submission of a very lengthy program self-study on May 1, 2017, followed by a productive and positive site visit on November 16 and 17, 2017. In May, 2018, we were asked to provide additional information that was reviewed in the CoA meeting at the end of October. Stay tuned for an update in the next edition of this newsletter!

Update from the community concentration!

The community concentration has several news to share. First, we welcomed new students Vickie Galica (2017), Khalil Salim (2017), and Rachel Siegal (2018). Second, over the past year students have received awards and contributed to our community. This fall, **Drew Gadaire**, a 4th year student in our Community concentration, received the **2017 Vera S. Paster Award from the Global Alliance for Behavioral Health and Social Justice** (formerly the American Orthopsychiatric Association). The honor targets graduate students or others in training whose work has “significantly contributed to the social, educational, physical and/or psychological well-being of persons of color, thereby promoting their empowerment and ameliorating their disadvantages from oppression and its effects.” He was presented the award by Ryan Kilmer, President of the Global Alliance. Drew’s work has focused on addressing the needs of unaccompanied minors from Central America, has recently worked to help empower and increase the economic and social status of women in Guatemala, has been a project coordinator working to evaluate and improve a large pre-k program serving disadvantaged youth, and is now the evaluation director for an innovative project in a bilingual preschool. Drew has demonstrated consistently excellent work which is recognized in this award.

Drew spent the summer in Guatemala working with Wakami, an organization that empowers women in rural communities by developing technical skills, helping them establish their own businesses, and connecting those businesses with international markets. Drew conducted interviews and focus groups with Wakami business women and Wakami staff to identify the strengths of the Wakami model and the factors that impede or facilitate the success of Wakami businesses. He also helped identify possible explanations for why the Wakami business incubation model, which works very well in most communities, has not functioned as well in a certain region of Guatemala.

This year, Drew is working with the Charlotte Bilingual Preschool to evaluate their innovation classroom and help implement their parent education program. For his Community Interventions class project, Drew is working with Dr. Kate Hogan at Teen Health to develop a system for monitoring and improving service delivery for youth in foster care.

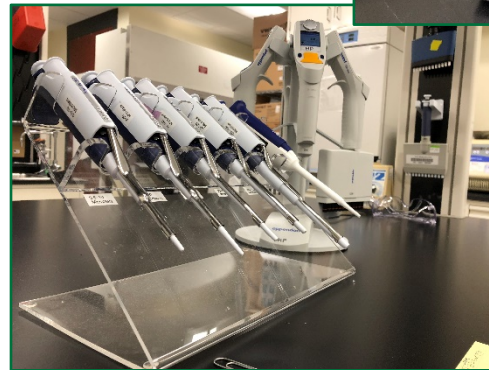
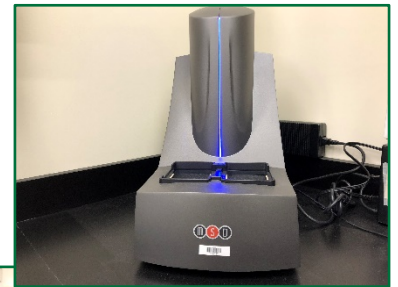
Khalil Salim is working with Life Connections of the Carolinas' DASH Mentoring Program. The program provides mentoring services to youth ages 7-17 referred from juvenile courts, Department of Social Services, mental health centers, and schools. For his Community Interventions course project, Khalil is focusing on building the program’s evaluation capacity, specifically their ability to collect data and make data informed decisions to better serve children and youth.

In the Know: Meet the Biobehavioral Core (BBC) Lab

The lab was created with financial subsidy from the Department of Psychological Science and runs with continued support from the department as well as the Health Psychology PhD Program. Designed to be shared BSL-2 lab space, resources from the Stress *WAVES* BRL and WISH Lab were combined to create the BioBehavioral Core (BBC) Lab, opening its doors in August 2017. Today, the BBC Lab runs under the direction of Dr. Jeanette Bennett.

The BBC lab physically resides in four different spaces: two data collection rooms (4104 & 4117), one research space (4080), and one wetlab (4105). Both the data collection rooms were designed for biological specimen collection including blood and saliva as well as basic vital assessments such as blood pressure and heart rate. Uniquely, 4104 data collection room is outfitted with a BIOPAC that includes electrocardiography (ECG), electrodermal activity (EDA), and respiration rate assessment. In addition, it has a television/monitor and intercom system linked to 4080 to allow for stimuli manipulation with participants having complete privacy. The wetlab is BSL-2 compliant and provides resources for cell culture techniques as well as single plex and multi-plex enzyme linked immunosorbent assay data collection. The lab is outfitted with the following equipment:

- MSD QuickPlex SQ 120 electrochemiluminescence plate reader*
- BioTek H1 chemiluminescence plate reader
- BioTek plate washer
- Beckman Coulter Z1 cell counter
- Beckman Coulter Allegra 12 benchtop centrifuge
- Microcentrifuge
- Two plate shakers (one heated)
- Small instrument autoclave
- CO₂ Incubator
- Aqua solutions DI water filtration system
- Two biosafety cabinets
- Two -80 ultra deep freezers
- Two -20 freezer
- One refrigerator
- Multiple micropipettes (electronic and manual)



* The purchase of the MSD was funded via the departments of Psychological Science and Kinesiology as well as the Health Psychology PhD Program.

In addition, the Health Psychology PhD Program has purchased mobile and point of care equipment that is currently being overseen and maintained by the BBC Lab, including:

- 6 mobile health units**
- 8 Polar watches and wearlinks with bands
- 8 scales (including 4 with bioimpedance assessment)
- 6 stadiometers
- 6 eSense skin conductance
- 6 pulse oximeter
- 4 Cardiocheck PA analyzer



- 3 DCA Vantage analyzer

** These mobile health units are available to any Health Psychology graduate student following the completion of the newly offered Applied Physiological Psychology for Health Scientists course.

Being shared lab space, these resources are available to all faculty in the department of Psychological Science and their students. Below outlined are two successes, each graduate student and their advisor(s) collaborated with the BBC Lab to reach the completion of a programmatic milestone.

Health, Emotions, and Reactivity to Stress (HEARTS) Study - Sara Sagui-Henson, PhD

This study is a collaborative, interdisciplinary research project testing the impact of stress reactivity and emotion regulation ability on cardiometabolic health. We use behavioral, psychophysiological, and survey methodologies to examine how the adaptive coupling of stress profiles and emotion-focused coping strategies can mitigate biobehavioral risk for obesity-related health conditions. The Biobehavioral Core (BBC) Lab has been an invaluable collaborator and resource for implementing the HEARTS experimental procedure, which includes anthropometric assessments, a social-evaluative laboratory stressor with continuous ECG measurement, and finger stick blood draws to assess lipid profiles. In addition to providing the equipment needed to conduct this research, the BBC lab has provided in-depth training in biodata collection; including biosafety training and management of protocol and waste, research design considerations, and data management techniques. The BBC Lab offers support and infrastructure to ongoing projects and is a valuable UNCC resource that facilitates high-quality biobehavioral health research.

Collaborative faculty: Sara Levens, Jeanette Bennett

Emotional Stress & Health: The Impact of Emotion Regulation (ESTHER) Study - Lydia Roos, MA

My master's thesis project examined relationship stressors and how the use of ruminative and avoidant emotion regulation strategies affect psychological distress, basal cardiovascular functioning, and systemic inflammation. The BBC Lab was critical in allowing me to obtain the biomarkers necessary for my project. In addition to supplying the necessary facilities and equipment, the BBC also provided me with ample training and guidance in appropriately collecting, analyzing, and interpreting indicators of physiological health.

Collaborative faculty: Amy Canevello, Jeanette Bennett

HPGSA

HPGSA 2018/2019

President: Courtney Rogers

Vice President: Sydney Park

Secretary: Catie Simmons

Treasurer: Bradley Aleshire

Philanthropy Chair: Cecily Basquin

Social Chair: Megan McComas

Senators: Meredith Griffin and Lena Etzel

Clinical Concentration Representative: Alyssa Minnick

Community Concentration Representative: Vickie Galica

General Concentration Representative: Lydia Roos

Program events (2018)

Coffee Hour

This semester, we have been hosting the coffee hours prior to the program meeting. This is an excellent opportunity to connect with fellow students and HO faculty. Coffee and snacks were provided.

HPGSA 2017/2018

President: Marie Hayes

Vice President: Jessica Taylor

Secretary: Magin Day

Treasurer: Courtney Rogers

Social Chair: Sydney Park

Philanthropy Chair: Meredith Griffin

Senators: Victoria Willetts and Maggie Gigler

Clinical Representative: Brooke Palmer

Community Representative: Catie Simmons

General Representative: Lydia Roos

Events 2017/2018

Fundraisers

- Last year, our primary fundraiser was the Health Psychology program t-shirt sale. Funds raised by HPGSA during fundraisers are used for things such as social events, student gifts, operational costs, etc.
- We also collected donations from program members to fund the social event following interview day.

Social Events

- Coffee hour was held on a regular basis.
- We also organized social events at the beginning and end of the academic year, as well as a social during interview day.

Volunteering

- Last year, we volunteered with a number of organizations (over 16 hours). For example, we volunteered at the Veteran's Health Conference (we also received an event grant to fund breakfast for conference participants).

- Several HPGSA officers spoke with potential program applicants on Interest Day.

Advocacy

- Concentration representatives attended advisory committee meetings and served as liaisons between HPGSA and the advisory committee, as well as between their respective concentrations and HPGSA.

Other

- HP students were able to obtain a significant amount of travel funding from the Graduate and Professional Student Government as members of HPGSA.
- Related to this travel funding, we received the Educators Award from GPSG. Here is some more information about the award:
 - "One of the more unique GPSG Awards, our selection committee looked at organizations whose members presented at the most conferences. By presenting at conferences around the world, HPGSA students helped to strengthen UNC Charlotte's identity as a premier research institution. 29 HPGSA members presented their research at 10+ conferences and events this year. Even after adjusting for organization size, this number was far ahead of most organizations. This level of travel also indicates strong communication channels regarding GPSG affairs and funding opportunities between HPGSA and students."
- HPGSA played a significant role in the coordination of interview day. For example, we received an event grant which funded lunch (we also set up lunch and clean up afterwards). We also helped to monitor the obtainment of housing and travel as needed for applicants.
- We secured funding to purchase promotional items for the program (i.e., lunchboxes).

Student and Faculty Accomplishments

Awards and Honors:

Student Accomplishments and Awards - Congratulations!

Magin Day received the 2018 US Air Force Health Professions Fellowship

Drew Gadaire received the 2017 Vera S. Paster Award from the Global Alliance for Behavioral Health and Social Justice.

Galica, V., Recipient of the University of North Carolina at Charlotte's Kennedy Fellowship (2017-2018)

Nicole Hilaire received the 2016-2017 CLAS Summer Research Fellowship

Jafari, N., received the Health Resources & Services Administration Grant: Integrated Behavioral Health Scholarship, through the School of Social Work (\$28,000).

Lydia Roos received the Health and Behavior International Collaborative Award, Society for Health Psychology (2017)

Lydia Roos and Kim Papay received the 2016-2017 Health Psychology Program Summer Research Fellowships

Rogers, C. B., received the Women's Health Interest Group Poster Day UNCC, 1st Place, Spring 2017

Roos, L. G., received the Thomas L. Reynolds Graduate Student Research Award (2018)

Faculty and Student Scholarly Achievements

Publications - *health psychology student

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- Cachelin, F. M., *Thomas, C., *Vela, A., & Gil-Rivas, V. (2017). Associations between meal patterns, binge eating and weight for Latina women. *International Journal of Eating Disorders, 50*, 32-39.
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- Pope, N., Michalik, M., Maine, S., Rouse, M., Davis, C., Sadler, O., Cameron, S., Medlin, E., & Bataba, D. (COMM Graduate Student Producers), Quinlan, M. M., & Johnson, B. (Senior Researchers) (2017). 1 in 8: Communicating (In)fertility (draft) <https://youtu.be/7z9jfZjoS04>
- Pope, N., Michalik, M., Maine, S., Rouse, M., Davis, C., Sadler, O., Cameron, S., Medlin, E. & Bataba, D. (COMM Graduate Student Producers), Quinlan, M. M., & Johnson, B. (Senior Researchers) (2018). 1 in 8: Communicating (In)fertility. *The ART of Infertility- Infertility Art Exhibit, Art Therapy*. <http://www.artofinfertility.org/>

- Powers, K., & Reeve, C.L. (2018). Nurses' Perceptions, Self-Confidence, and Invitation of Family Presence during Resuscitation. *National Teaching Institute Research Abstracts, 27*(3), E7-E8.
- Powers, K., & Reeve, C.L. (in press). Factors associated with nurses' perceptions, self-confidence, and invitations of family presence during resuscitation: a cross-sectional survey. *International Journal of Nursing Studies*.
- Quickel, E., Demakis, G., & Reeve, C.L. (2017). Which information matters? Using Policy Capturing to understand civil competency. *Journal of Forensic Psychology Practice, 17*, 61-78.
- Reeve, C. L., Heeney, M., & Woodley of Menie, M.A. (in press). A systematic review of the state of literature relating parental general cognitive ability and number of offspring. *Personality and Individual Differences*.
- Reeve, C.L. (in press). Autobiography: Reeve, Charlie L. In V. Zeigler-Hill & T. Shackelford (Eds.) *The Encyclopedia of Personality and Individual Differences*. New York, NY: Springer.
- Reeve, C.L. (in press). Intelligence. In V. Zeigler-Hill & T. Shackelford (Eds.) *The Encyclopedia of Personality and Individual Differences*. New York, NY: Springer.
- *Rogers, C. B., Webb, J. B., & *Jafari, N. (2018). A systematic review of the roles of body image flexibility as correlate, moderator, mediator and in intervention science (2011-2018). *Body Image, 27*, 43-60. doi: 10.1016/j.bodyim.2018.08.003
- *Rogers, C. B., Webb, J. B., & *Jafari, N. (2018). A systematic review of the body image flexibility literature between 2011-2017. *Body Image, 27*, 1-18.
- *Roos, L. G., Levens, S. M., & Bennett, J. M. (2018). Recent stressful life events, relationship stressors, and cortisol reactivity: The moderating role of suppression. *Psychoneuroendocrinology, 89*, 69-77. doi: 10.1016/j.psyneuen.2017.12.026
- *Roos, L. G., Levens, S., & Bennett, J. M. (2018). Recent stressful life events, relationship stressors, and cortisol reactivity: The moderating role of suppression. *Psychoneuroendocrinology, 89*, 69-77. doi: 10.1016/j.psyneuen.2017.12.026
- *Rogers, C. B., & Squyres, E. (in press). *Body image flexibility*. Chapter to appear in the forthcoming *Handbook of positive body image and embodiment*, T. L. Tylka and N. Piran (Eds.). New York, NY: Oxford University Press.
- Scott, T.N., Gil-Rivas, V., & Cachelin, F. (in press). Sociocultural influences on binge eating behaviors in African American Women: Implications for treatment. *Cultural Diversity and Ethnic Minority Psychology*.
- Scott, J.T., Kilmer, R.P., Wang, C., Cook, J.R., & Haber, M.G. (2018). Natural environments near schools: Potential benefits for socio-emotional and behavioral development in early childhood. *American Journal of Community Psychology*. doi.org/10.1002/ajcp.12272
- *Strater Hogan, K., *Tynan, J.M., Johnson Covill, V., Kilmer, R.P., & Cook, J.R. (2017). A capacity-building framework for community-university partnerships. *Collaborations: A Journal of Community-Based Research and Practice, 1* (1). Retrieved from

- Tamilin, E. R. (COMM MA graduate), Quinlan, M. M., & Bates, B. R. (2017). Accessing womanhood: Jenna Talackova and the marking of a beauty queen. *Sexuality & Culture*, *21*, 703-718. doi:10.1007/s12119-017-9416-z
- Thomas, E. V., Warren-Findlow, J., & Webb, J. B. (in press). Yoga is for every (able) body: A content analysis of disability themes within mainstream yoga media, and a call for increased access and inclusion. *International Journal of Yoga*.
- Vinoski, E. R., Webb, J. B., Warren-Findlow, J., Brewer, K. A., & Kiffmeyer, K. A. (2017). Got yoga?: A longitudinal analysis of thematic content and models' appearance-related attributes in advertisements spanning four decades of *Yoga Journal*. *Body Image*, *21*, 1-5. doi: 10.1016/j.bodyim.2017.01.006
- Warren-Findlow, J., Reeve, C.L., & Racine, E.F. (2017). Psychometric validation of a brief self-report measure of diet quality: the DASH-Q. *Journal of Nutrition Education and Behavior*, *49*, 92-99.
- Webb, J. B. (in press). *Acceptance and Commitment Therapy*. Chapter to appear in the forthcoming *Handbook of positive body image and embodiment*, T. L. Tylka and N. Piran (Eds.). New York, NY: Oxford University Press.
- Webb, J. B., & *Jafari, N. (2017). *Body objectification*. Entry to appear in the forthcoming *SAGE Encyclopedia of Psychology and Gender*. Thousand Oaks, CA: Sage Publications, Inc.
- Webb, J. B., *Rogers, C. B., *Etzel, L., & Padro, M. P. (2018). "Mom, quit fat talking—I'm trying to eat (mindfully) here!": Evaluating a sociocultural model of family fat talk, positive body image, and mindful eating in college women. *Appetite*, *126*, 169-175. doi: 10.1016/j.appet.2018.04.003
- Webb, J. B., Thomas, E. V., *Rogers, C. B., Clark, V. N., Burriss, E. N., & Putz, D. Y. (in press). Fitspo at every size?: A comparative content analysis of #curvyfit versus #curvyvoga Instagram images. *Fat Studies Journal Special Issue: Fat and Physical Activity*.
- Webb, J. B., Vinoski, E. R., Bonar, A. S., Davies, A. E., & *Etzel, L. (2017). Fat is fashionable and fit: A comparative content analysis of Fatspiration and Health at Every Size® Instagram images. *Body Image*, *22*, 53-64 . doi: 10.1016/j.bodyim.2017.05.003
- Webb, J. B., Vinoski, E. R., Warren-Findlow, J., Burrell, M. I., & Putz, D. Y. (2017). Downward dog becomes fit body, inc.: A content analysis of 40 years of female cover images of *Yoga Journal*. *Body Image*, *22*, 129-135. doi: 10.1016/j.bodyim.2017.07.001
- Webb, J. B., Vinoski, E. R., Warren-Findlow, J., Padro, M. P., Burriss, E. N., & Suddreth, E. M. (2017). Is the "Yoga Bod" the new skinny? A comparative content analysis of mainstream yoga lifestyle magazine covers. *Body Image*, *20*, 87-98. doi: 10.1016/j.bodyim.2016.11.005

Translation of Research & Research Publications

- Johnson, B., & Quinlan, M. M. (2017, Nov). Infertility: Resources for family, friends, and practitioners. Racism in Science [series]. *Vital: On the Human Side of Health* [Sponsored by the National Endowment for the Humanities] Retrieved from <https://the-vital.com/infertility-resources/>
- Johnson, B., & Quinlan, M. M. (2017, Nov). Race, racism and infertility. Racism in Science [series]. *Vital: On*

the Human Side of Health [Sponsored by the National Endowment for the Humanities]. Retrieved from <https://the-vital.com/2017/11/10/racism-infertility/>

Johnson, B., & Quinlan, M. M. (2018, January 31). Mingling (infertility) experience, research and friendship. ART of Infertility [blog]. Retrieved from <http://artofinfertility.org/blog/mingling-infertility-experience-research-and-friendship/>

Johnson, B., Quinlan, M. M., & Evans, A. (2017). Research based Infertility greeting cards in a traveling art exhibit. *The ART of Infertility- Infertility Art Exhibit, Art Therapy*. <http://www.artofinfertility.org/>

Pope, N., Michalik, M., Maine, S., Rouse, M., Davis, C., Sadler, O., Cameron, S., Medlin, E. & Bataba, D. (COMM Graduate Student Producers), Quinlan, M. M., & Johnson, B. (Senior Researchers) (2018). 1 in 8: Communicating (In)fertility. *The ART of Infertility- Infertility Art Exhibit, Art Therapy*. <http://www.artofinfertility.org/>

Presentations:

Armstrong, L. M., Umaschi, S. S., Reeve, C. L., & Seifer, R. (2017). *The role of parental beliefs in predicting engagement in preventive intervention among low income families*. Poster presented at the biennial meeting of the Society for Research in Child Development (SRCD), Austin, TX.

Armstrong, L.M., Cole, P.M., & McCreddie, K. (2018). *A person-centered approach to understanding maternal emotion talk trajectories in early childhood*. Paper presented at the biennial meeting of the International Conference on Infant Studies (ICIS), Philadelphia, PA.

Armstrong, L.M., Umaschi, S.S., Reeve, C.L., & Seifer, R. (2017). *The role of parental beliefs in predicting engagement in preventive intervention among low income families*. Presented at the Society for Research in Child Development Annual Convention: Austin, TX.

Basinger, E. D. (2017, November). *Developing and validating a measure of communal coping and testing the communal coping typology in the context of type 2 diabetes*. Paper presented at the 103rd annual meeting of the National Communication Association, Interpersonal Communication Division, Dallas, TX.

Basinger, E. D. (2017, November). *Explicating the appraisal dimension of the communal coping model*. Paper presented at the 103rd annual meeting of the National Communication Association, Health Communication Division, Dallas, TX.

Basinger, E. D. (2018, July). *Coping with type 2 diabetes: Family cohesion, communal coping, and individual diabetes outcomes*. Paper presented at the annual meeting of the International Association for Relationship Research, Fort Collins, CO.

*Basquin, C., Armstrong, L. M., McKinney, S., Drummond, D., *Sagui-Henson, S. J., & Levens, S. (2017). *Parents' negative emotions and unhealthy child eating habits predict parents' appraisals of child weight-related film*. Poster presented at the Society for Affective Science Conference (SAS), Boston, MA.

Bennett, J. M., *Roos, L. G., Penley, C. J., & Canevello, A. (2018 March). *Interpersonal goals influence how trauma affects health among emerging adults*. Poster presented at the annual meeting of the American Psychosomatic Society, Louisville, KY.

- Blanchard, R., Armstrong, L. M., *Basquin, C., Deem, L. M., *Sagui-Henson, S. J., & Levens, S. (2017). *Do as I say, not as I do: Family and child factors predict parents' sadness and guilt in response to child weight-related film clips*. Poster presented at the Society for Affective Science Conference (SAS), Boston, MA.
- Chue, A. E., Kim, R. W., *Ruggiero, A. R., & Gunthert, K.C. (2017, November). *The role of sleep in adolescent's daily stress recovery: Negative affect spillover and positive affect bounce-back effects*. Poster presented at the 51st Annual Meeting of the Association of Behavioral and Cognitive Therapies Convention. San Diego, CA.
- Cook, J.R., & Kilmer, R.P. (2018, April). *Evaluation of Bright Beginnings and NC PreK: Methods, findings, costs, and recommendations*. Invited Webinar for Early Childhood Executive Committee, Mecklenburg County (NC).
- Cook, J.R., & Kilmer, R.P. (March, 2017). *Community-university partnerships to enhance educational outcomes for youth at risk*. Invited colloquium for North Carolina State University's Social and Behavioral Health Research Group. Raleigh, NC.
- Crane, J. L., & Davis, C. S. (June 2017). Empathy or Villainy: Violent Children in Fiction and Reality. European Society for Literature, Science, and the Arts' conference "Empathies," Basel, Switzerland.
- Crane, J. L., & Davis, C. S. (May 2018). Making death fun: Pediatric palliative care and the last laugh. International Communication Association conference, Prague, Czech Republic.
- Cullins, B., Webb, J. B., Padro, M. P., Putz, D. Y., & Bummel, A. (2018). *Evaluating the feasibility, acceptability, and preliminary efficacy of a brief online peer-supported self-help program for promoting positive embodiment and well-being in college women*. Poster presented at the 7th Annual Charlotte Research Scholars Symposium, Charlotte, NC.
- Davis, C. S., & Breede, D. C. (April 2017). Playing on the margins: Communicating about death through ghostly play. Ethnography Interest Group, Southern State Communication Association annual convention, Greenville, SC. **Top Paper Award for Ethnography Interest Group**
- Davis, C. S., Crane, J. L., Erdely, J. L., Lee, E. Y., Huff, B., Okamoto, K. E., Ivancic, S. R., Burt, A., Jardine, R. R., Simmons, B. (November, 2018). The Personal is Political: Bodily Experience in a Post-Trump World, Accepted for presentation, Ethnography Division, National Communication Association annual convention, Salt Lake City, UT.
- Davis, C. S., Lachlan, K, Breede, D., Brais, S. & Stamper, B. (November 2018). Straight Talk about Teaching Communication Research Methods. Accepted for presentation at Short Course Division, National Communication Association annual convention, Salt Lake City, UT.
- Davis, C. S., Lachlan, K, Breede, D., Brais, S. & Stamper, B. (November 2017). Straight Talk about Teaching Communication Research Methods. Short Course Division, National Communication Association annual convention.
- *Day, M.A., Gil-Rivas, V., Topp, D., MacDermid-Wadsworth, S. (2018, April) *The Role of Social Support during Post-Deployment Reintegration in the Army National Guard*. Poster at Society of Behavioral Medicine, New Orleans, LA.

- *Etzel, L., *Aleshire, B., *Sagui-Henson, S. J., & Levens, S. M. (2018, April). *When worry turns to weight: Gender differences in the association between generalized anxiety disorder and fear of fat*. Poster presented at the 2018 Society for Affective Science Annual Conference, Los Angeles, CA.
- *Etzel, L., *Sagui-Henson, S. J., & Levens, S. M. (2018, April). *Stress reactivity, anxiety, and future-oriented language in the appraisal of health-based emotional stimuli*. Poster presented at the 2018 Society for Affective Science Annual Conference, Los Angeles, CA.
- Ford, N. M., & Webb, J. B. (2017). *Fashion versus function: Evaluating the effects of viewing images of Barbie® Made to Move versus traditional Barbie® dolls on college women's body image*. Poster presented at the North Carolina Psychological Foundation's Poster Session, Chapel Hill, NC.
- Ford, N. M., & Webb, J. B. (2017). *Fashion versus function: Evaluating the effects of viewing images of Barbie® Made to Move versus traditional Barbie® dolls on college women's body image*. Poster presented at the 26th Annual Central Carolinas Conference in Psychology, Charlotte, NC.
- *Gadaire, A., *Simmons, C.J., *Salim, K., *Larson, J.C., *Galica, V.L, Cook, J.R., Kilmer, R.P., Armstrong, L.M., Babb, J., & Messinger, L. (October, 2018). *Using data and targeted teaching strategies to enhance social-emotional development in pre-k*. Paper presented at the Global Alliance for Behavioral Health and Social Justices' Coming Together for Action 2018 Conference, Denver, CO.
- *Galica, V. L. & Cook, J. R. (October, 2018). *Using Evaluation Design to Improve Service Delivery: Partnering with a Nonprofit Organization Serving Homeless Families*. Oral presentation at the Global Alliance for Behavioral Health and Social Justice Conference, Aurora, CO.
- *Gadaire, A., Rios, F., Kilmer, R.P., & Cook, J.R. (October, 2018). *The experiences of unaccompanied youth in their own words: Challenges, supports, and futures in Charlotte*. Paper presented at the Global Alliance for Behavioral Health and Social Justices' Coming Together for Action 2018 Conference, Denver, CO.
- *Gadaire, A., *Simmons, C., *Salim, K., *Larson, J., *Galica, V., Cook, J., Kilmer, R., Armstrong, L., Babb, J., Messinger, L. (October 2018). *Using data and targeted teaching strategies to enhance social-emotional development in pre-k*. Individual paper presentation at Coming Together for Action Conference, Denver, CO.
- Galati, A. (October 3, 2018). *Constraints on perspective-taking and interpersonal coordination*. Talk to be given at the Cognitive Psychology and Cognitive Neuroscience seminar series. Department of Psychology and Neuroscience, University of North Carolina at Chapel Hill, NC.
- Galati, A., Symeonidou, A., Alviar, C., Dale, R., & Avraamides, M. N. (forthcoming, November 26, 2018). *Do aligned bodies align minds? Body alignment as a constraint on coordinating during direction-giving*. Talk to be given at the 59th Annual Meeting of the Psychonomic Society, New Orleans, LA.
- *Galica, V. (October, 2018). *Using Evaluation Design to Improve Service Delivery: Partnering with a Nonprofit Organization Serving Homeless Families*. Oral presentation at the Global Alliance for Behavioral Health and Social Justice Conference, Aurora, CO.
- *Galica, V. (April, 2018). *Evaluation design for A Child's Place Community Response Team school services*.

Oral Presentation to A Child's Place Ad Hoc Evaluation Committee, Charlotte, NC.

- *Galica, V. (October, 2017). *Evaluating the Efficacy of a Physical Activity Intervention with Middle School Students*. Poster presented at the Southeast Ecological and Community Psychology Conference, Miami, FL.
- Gavarkavich, D., Simmons, L., *Salim, K., *Larson, J. (May, 2018). *Mecklenburg college and career readiness ecosystem*. Presented at the Charlotte Opportunity Showcase, Charlotte, NC.
- Gil-Rivas, V. (2018, April). *Understanding the contribution of binge eating to overweight and obesity among diverse populations*. Symposium discussant, Society for Behavioral Medicine Annual Meeting and Scientific Sessions, New Orleans, LA.
- *Godly-Reynolds, E., *Salim, K., *Simmons, C., *Gadaire, A., Kilmer, R.P., & Cook, J.R., (October, 2017). *Responding to community needs through organizational capacity building*. Group roundtable presented at Southeastern Ecological-Community Psychology Conference, North Miami Beach, FL.
- *Godly-Reynolds, E., *Gadaire, D., & Reeve, C.L. (2018). *School Environment: A Theoretical Reconceptualization of School Climate and School Culture to Inform the Evaluation of Interventions in Schools*. Presented at the Emergent Voices in Evaluation (EViE) Conference: Greensboro, NC.
- Gordon, B. E., Marino, J. S., Stewart, C., Green, S., Bennett, J. M., & Howden, R. (2018 April). *Blood pressure responses to low intensity isometric exercise: The influence of muscle mass?* Presented at the Graduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
- *Griffin, M., Canevello, A., McAnulty, R. D., & *Willets, V. (2018, July). *The influence of individual characteristics on mobile dating application motives and meeting matches in person*. Presentation at the International Association for Relationship Research, Fort Collins, CO.
- Kilmer, R.P., *Gadaire, A., Messinger, L., Rios, F., Cook, J.R., Covill, V., Babb, J., *Larson, J., Thiery, T., *Godly-Reynolds, E., Day, P., & *Simmons, C. (May, 2017). *Supporting programs to foster student success: Community-university partnerships to benefit diverse youth at risk*. Team inquiry / symposium presented at the 2017 Community-College-University (C²U) Expo: For the Common Good. Vancouver, BC, Canada.
- Kilmer, R.P., Cook, J.R., Messinger, L.G., Armstrong, L.M., *Gadaire, A., *Larson, J.C., Babb, J., *Simmons, C., Thiery, T., Day, P., & *Salim, K. (May, 2018). *A community-university partnership to improve implementation and evaluation of an early childhood education program: Implications for practice and policy*. Paper presented at the 8th Living Knowledge Conference, Budapest, Hungary.
- Kilmer, R.P. (Chair). (June, 2017). *Fostering economic opportunity and social change: Transforming lives and communities in rural Guatemala*. Symposium conducted at the 16th Biennial Conference of the Society for Community Research and Action, Ottawa, On. Canada.
- Kilmer, R.P. (March, 2018). Invited panelist as part of the United Way of Central Carolina's Women United Impact Summit 2018: "Resilience" screening. Charlotte, NC.
- Kilmer, R.P. (February, 2018). *Keynote*. Invited keynote for the Levine Scholars Program - Finalist reception and dinner. Charlotte, NC.
- Kilmer, R.P., & Clark, L.Y. (February, 2017). *Community-university partnerships: Putting good intentions into*

actual practice. Opening plenary at the University of North Carolina at Charlotte's Engaged Scholarship and Community Partnership Symposium, Charlotte, NC.

Kilmer, R.P. (February, 2017). Invited panelist as part of session at the University of North Carolina at Charlotte's Engaged Scholarship and Community Partnership Symposium, Charlotte, NC.

*Jafari, N., Webb, J.B., & *Rogers, C. (April, 2018). *Eating disorder recovery: A systematic review of qualitative research examining patients' and providers' perspectives*. Poster presented at the Society of Behavioral Medicine's 39th Annual Meeting and Scientific Sessions, New Orleans, LA.

Janson, J., Sturmbauer, S., *Roos, L. G., & Rohleder, N. (2018, March). *Cortisol habituation mediates the relationship between positive trait coping and plasma interleukin-6 habituation*. Poster presented at the annual meeting of the American Psychosomatic Society, Louisville, KY.

Johnson, B., & Quinlan, M. M. (2017). 5,6 or 7DP5DT: (In)fertility, lay medical advice and the language of Instagram. Paper presented on panel: All the shade: Gendered identities in diverse health contexts at Organization for the Study of Communication, Language, & Gender, 40th Annual Conference, Omaha, NE.

Johnson, B., & Quinlan, M. M. (2017). Redefining moments. The relevance of the body: Engaging embodiment in communication research and teaching. Presenter on short course on the National Communication Association, 103rd Annual Conference, Houston, TX.

Johnson, B., & Quinlan, M. M. (2017). The "hostile uterus": (In)fertility diagnosis and treatment myths in fictional film and television representations. Competitive paper presented at the Organization for the Study of Communication, Language, & Gender, 40th Annual Conference, Omaha, NE.

Johnson, B., & Quinlan, M. M. (2017). This is your job, to me it means the world: Female patients' perceptions of nurses' communication during Reproductive Endocrinology & Infertility (REI) treatment. Paper on competitively selected panel to the Applied Communication Division at the 102nd annual meeting of the National Communication Association in Philadelphia, PA. Awards Panel presentation at Organization for the Study of Communication, Language, & Gender, 40th Annual Conference, Omaha, NE.

Johnson, B., & Quinlan, M. M. (2018). 6 DPO, #ttcsisters, and TMI: Instagram-based infertility treatment advice and support. Online prezi and voice presentation under review at Health Communication: Barriers, Breakthroughs, and Best Practices (HCB3). 2nd annual Online Health Communication Conference sponsored by University of Illinois at Urbana-Champaign (February 28-March 2, 2018). Presentation can be viewed: https://prezi.com/v8ktnC4rk4ce/6-dpo-ttcsisters-and-tmi-instagram-based-infertility-treatment-advice-and-support/?utm_campaign=share&utm_medium=copy

Knobloch, L. K., Basinger, E. D., & Theiss, J. A. (2017, November). *Relational turbulence and perceptions of partner support during reintegration after military deployment*. Paper presented at the 103rd annual meeting of the National Communication Association, Interpersonal Communication Division, Dallas, TX.

Knobloch, L. K., Basinger, E. D., Abendschein, B., Wehrman, E. C., Monk, J. K., & McAninch, K. G. (2017, November). *Communication in online forums about the experience and management of relational uncertainty in military life*. Paper presented at the 103rd annual meeting of the National Communication

Association, Interpersonal Communication Division, Dallas, TX. [Top Four Paper]

- Kulkarni, S., White, M., *Jafari, N., Adams, K., Callaway, P., & Johnson, D. (May, 2018). *Centering youth voice in violence prevention: Do the write thing essay challenge research findings*. Symposium session at the North Carolina Coalition Against Domestic Violence, Durham, NC.
- Lancaster, E., Peach, H. D., *Ruggiero, A. R., Ingram, A., Canton, A., Beddingfield, K., & Barngrover, S. (2018, April). *Socioeconomic status predicting perceived stress depends on racial identity*. Poster presented at the 2018 UNC Charlotte Undergraduate Research Conference. Charlotte, NC.
- Lincoln, C. R., Galica, V., & Ohannessian, C. M. (October, 2017). *Family satisfaction mediates the relationship between adolescents' emotion dysregulation and global self-worth*. Poster presented at the Society for the Study of Human Development Biennial Meeting, Providence, RI.
- *Larson, J.C., Kilmer, R.P., & Cook, J.R. (June, 2017). College student mental health groups: What do we know and how can community psychology contribute? In Heather Schmidt (Chair), *Using community psychology to understand student mental health challenges and find effective interventions*. Symposium conducted at the 16th Biennial Conference of the Society for Community Research and Action, Ottawa, On. Canada. Kilmer, R.P., Cook, J.R., Messinger, L., Armstrong, L.M., Gadaire, A., Larson, J.C., Babb, J., Simmons, C., Thiery, T., Day, P., & Salim, K. (2018). *A community-university partnership to improve implementation and evaluation of an early childhood education program: Implications for practice and policy*. Paper presented at the Living Knowledge Conference, Budapest, Hungary.
- *McComas, M. E., Gil-Rivas, V. (2018, October). Approaching adolescent suicide from a Health Psychology Perspective. Poster presented at *Coming Together, Meeting of the Global Alliance for Behavioral Health and Social Justice*, Denver, CO.
- *McComas, M. E., Gil-Rivas, V., & *Mason-Smith, C. (2018, August). *Examining social media use integration and health in emerging adults*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Mehta, A. C., *Roos, L. G., & Bennett, J. M. (2018 April). *The influence of interpersonal goals on posttraumatic growth outcomes following infidelity: Self-esteem as a mediator*. Presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC. ++ Award winner
- Messinger, L.G., Kilmer, R.P., Coughran, M., *Larson, J., Hefner, R., Cook, J., & Avrin, J. (2017, May). *A district-city-university partnership to improve K-12 school attendance and reduce chronic absenteeism*. Roundtable presented at the 2017 Community-College-University (C2U) Expo: For the Common Good. Vancouver, BC, Canada.
- *Minnick, A., Cachelin, F., & Gil-Rivas, V. (2018, April). *Binge eating among college men: Exploring the role of race and ethnicity*. Symposium presentation at the Society for Behavioral Medicine Annual Meeting and Scientific Sessions, New Orleans, LA.
- *Minnick, A. M., *Palmer, B., *Vela, A., Gil-Rivas, V., & Cachelin, F. (2018, November). Weight (mis)perceptions among college-aged men of various racial/ethnic backgrounds. Poster accepted for presentation at the 15th International Congress of Behavioral Medicine, Santiago, Chile.
- Monk, J. K., Abendschein, B., & Basinger, E. D. (2018, May). *Qualitative analysis in online forums: Analyzing distress in military relationships as a methodological case example*. Paper presented at the 16th annual

Qualitative Methods Conference, Banff, Canada.

- Pacheco, M., Kilmer, R.P., *Gadaire, A., Gil-Rivas, V., & Quinlan, M.M. (June, 2017). Words matter: Constructing and communicating meaning and goals across diverse cultural contexts. In R.P. Kilmer (Chair), *Fostering economic opportunity and social change: Transforming lives and communities in rural Guatemala*. Symposium conducted at the 16th Biennial Conference of the Society for Community Research and Action, Ottawa, On. Canada.
- Pacheco, M., Gil-Rivas, V., Quinlan, M.M., *Gadaire, A., & Kilmer, R.P. (June, 2017). Cultural and contextual challenges to sustaining change: Implications for Wakami's efforts. In R.P. Kilmer (Chair), *Fostering economic opportunity and social change: Transforming lives and communities in rural Guatemala*. Symposium conducted at the 16th Biennial Conference of the Society for Community Research and Action, Ottawa, On. Canada.
- *Palmer, B., Gil-Rivas, V., Stich, B., Nicholson, A., & Carroll, B. (2018, April). *Understanding treatment seeking behavior in Latinas with binge eating*. Symposium presentation at the Society for Behavioral Medicine Annual Meeting and Scientific Sessions, New Orleans, LA.
- *Palmer, B., Gil-Rivas, V., *Minnick, A., *Vela, A., & Cachelin, F. (2018, November). Development of a lifestyle intervention to address binge eating and promote lifestyle changes among women. Poster at the 15th International Congress of Behavioral Medicine, Santiago, Chile.
- *Papay, K.A., & Reeve, C.L. (2017). *Perfectly Stressed: An Interaction of Evaluative Concerns Perfectionism and Personal Strivings Perfectionism on Stress*. Presented at the Society for Behavioral Medicine 38th Annual Meeting and Scientific Session: San Diego, CA.
- *Park, S. E. & Levens, S. M. (April 2018). *Assessing the relation between individual differences in executive functioning and emotion regulation strategy choice*. Poster presented at the 2018 Annual Conference of the Society for Affective Science, Los Angeles, CA.
- Powers, K., & Reeve, C.L. (2018). *Nurses' Perceptions, Self-Confidence, and Invitation of Family Presence during Resuscitation*. Paper at the National Teaching Institute and Critical Care Exposition; Boston, MA.
- Quinlan, M. M. (2017). Doing bodies in feminist research: An interactive workshop on methods and embodiment. Presenter at Organization for the Study of Communication, Language, & Gender, 40th Annual Conference, Omaha, NE.
- *Roos, L. G., Janson, J., Sturmbauer, S., Bennett, J. M., & Rohleder, N. (2018, March). *The role of emotion regulation strategies in HPA axis habituation to acute stress*. Poster presented at the annual meeting of the American Psychosomatic Society, Louisville, KY.
- *Roos, L. G., Willetts, V., Canevello, A., & Bennett, J. M. (2017, November). *From infidelity to posttraumatic stress: the psychological correlates of relationship infidelity in young adults*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- *Roos, L., G. Mehta, A., Canevello, A., & Bennett, J. (2018, July). *The influence of interpersonal goals on breakup distress*. Oral paper presented at the International Association for Relationship Research

conference, Fort Collins, CO.

- *Ruggiero, A. R., Gunthert, K. C., Herr, N. R., Chue, A. E., & Kim, R. W. (2017, May). *The links between emotion-network density, depression, negative emotionality, and sleep in adolescents*. Poster presented at the 29th annual meeting of the Association for Psychological Science. Boston, MA.
- *Ruggiero, A. R., Peach, H. D., & Gaultney, J. F. (2017, June). *An exploratory examination of parents' and teachers' perspectives on student, personal, and family outcomes associated with a delayed school start time*. Poster presented at the 31st annual meeting of the Associated Professional Sleep Societies. Boston, MA.
- *Ruggiero, A. R., Peach, H. D., & Gaultney, J. F. (2018, June). *Racial and socioeconomic disparities in sleep attitudes*. Poster presented at the 32nd annual meeting of the Associated Professional Sleep Societies. Baltimore, MD.
- *Sagui-Henson, S. J., Armstrong, L. M., & Levens, S. (2017). *Positive possibilities or negative consequences: Health-focused emotion regulation ability in adults and parents*. Poster presented at the Society for Affective Science Conference (SAS), Boston, MA.
- *Sagui-Henson, S. J., Carnes, K., & *Roos, L. (2018, March). *Patient-physician communication: Associations with patient health status and health care utilization in the adult North Carolina Medicaid population*. Oral paper presented at the annual meeting of the American Psychosomatic Society, Louisville, KY.
- *Salim, K. (May, 2018). *Custody advocacy program: Supporting the best interests of children in high-conflict custody cases*. In J. Cook and E. Tamilin (co-chairs), *Community research partnerships to support equitable youth trajectories*. Exhibit conducted at Charlotte Opportunity Showcase, Charlotte, NC.
- *Salim, K. (October, 2017). *Building evaluation capacity: Partnering with a college and career readiness program*. In E. Godly-Reynolds (chair), *Responding to community needs through organizational capacity building*. Symposium conducted at Southeastern Ecological-Community Psychology Conference, Miami, FL.
- *Salim, K., Griswold, C., Cook, J. (June, 2017). *Bringing it to the people: Findings from a focus group with public housing residents*. Presented at the 16th Biennial Conference of the Society for Community Research and Action, Ottawa, On. Canada
- *Simmons, C., *Gadaire, A., *Salim, K., *Galica, V., Cook, J., Kilmer, R., Armstrong, L., Babb, J., Messinger, L. (October 2018). *Strengthening support for pre-k teachers through an enhanced coaching model*. Individual paper presentation at Coming Together for Action Conference, Denver, CO.
- Scott, J.T., Kilmer, R.P., Wang, C., Cook, J.R., & Haber, M.G. (June, 2017). *Examining the effects of natural environments: Related to improvements in preschoolers' socio-emotional functioning*. Paper presented at the 25th annual meeting of the Society for Prevention Research, Washington, D.C.
- *Simmons, C.J., *Gadaire, A., Salim, K., *Galica, B., Cook, J.R., Kilmer, R.P., Armstrong, L.M., Babb, J., & Messinger, L. (October, 2018). *Strengthening support for pre-k teachers through an enhanced coaching model*. Paper presented at the Global Alliance for Behavioral Health and Social Justice's Coming Together for Action 2018 Conference, Denver, CO.

- *Smith, C. E., & Gil-Rivas, V. (2018, April). Sleep in young adults: Pre-sleep technology use, arousal, and hygiene in relation to sleep disturbance and insomnia symptoms". Poster presented at the *Society for Behavioral Medicine* Annual Meeting and Scientific Sessions, New Orleans, LA.
- Tamilin, E., Cook, J.R., Kilmer, R.P., Covill, V., Messinger, L., * Salim, K., * Simmons, C., * Gadaire, A., & *Godly-Reynolds, E. (April, 2018). *Community-university research partnerships to support equitable youth trajectories*. Exhibit / poster presented at the inaugural Charlotte Opportunity Showcase, Charlotte, NC.
- *Tynan, J.M., Cook, J.R., Kilmer, R.P., & Wang, C. (June, 2017). *Social-emotional growth: How quality of teacher-child interactions in pre-k indirectly affect students' kindergarten achievement*. Ignite session presented at the 16th Biennial Conference of the Society for Community Research and Action, Ottawa, On. Canada.
- *Taylor, J. J., Webb, J. B., & Canevello, A. (2017). *Real women and real beauty: Assessing the internal comparison processes and target images in body-image self-discrepancies*. Poster presented at the 1st Annual UNC Charlotte Research in Women's Health Interest Group Student Poster Day, Charlotte, NC.
- *Taylor, J. J., Webb, J. B., & Canevello, A. (2017). *Real women and real beauty: Assessing the internal comparison processes and target images in body-image self-discrepancies*. Poster presented at the Society of Behavioral Medicine's 38th Annual Meeting and Scientific Sessions, San Diego, CA.
- Vannucci, A., Ohannessian, C.M., Gagnon, S., *Galica, V., & Raynock, A. (October, 2017). *Adolescent Overweight and Obesity Predicts Anxiety in Emerging Adulthood*. Poster presented at the Society for the Study of Human Development Biennial Meeting, Providence, RI.
- *Vela, A., *Palmer, B., Cachelin, F., & Gil-Rivas, V. (2018, April). *An intervention for women with comorbid type 2 diabetes mellitus and disordered eating*. Symposium presentation at the Society for Behavioral Medicine Annual Meeting and Scientific Sessions, New Orleans, LA.
- *Vela, A.M., *Palmer, B.E., Cachelin, F., & Gil-Rivas, V. (2018, November). *Participant's Perspectives on an Adapted Eating-Focused Lifestyle Intervention for Women with Type 2 Diabetes*. Oral presentation at the 15th International Congress of Behavioral Medicine, Santiago, Chile.
- Webb, J. B. (2017). *Yoga at every size: A preliminary evaluation of a brief, online size-inclusive yoga-based intervention for higher weight college women*. Paper presented as part of the APA Division 35 Symposium entitled Novel Insights for Enhancing Positive Body Image and Embodiment, APA 2017 Convention, Washington, DC.
- Webb, J. B., Clark, V. N., Burris, E. N., Putz, D. Y., & Vinoski, E. R. (2017). *Fitspo at every size?: A comparative content analysis of #curvyfit versus #curvy yoga Instagram images*. Poster presented at the Society of Behavioral Medicine's 38th Annual Meeting and Scientific Sessions, San Diego, CA.
- Webb, J. B., Padro, M. P., *Rogers, C. B., Thomas, E. V., *Etzel, L., & Putz, D. Y. (2018). *A Preliminary Evaluation of the Yoga at Every Size Program: A Brief, Minimally-guided Yoga-based Online Intervention in College Women of Higher Weight*. Oral Presentation, Appearance Matters 8 Conference, Bath, UK.

Webb, J. B., Thomas, E. V., & O'Hara, L. (2018). *Weightist and ableist microaggressions in the conceptualization and measurement of body image?* Invited Ignite Oral Presentation, Appearance Matters 8 Conference, Bath, UK.

*Willets, V., Canevello, A., *Roos, L. G., & Bennett, J. M. (2018 March). *Interpersonal Electronic Surveillance: a Response to Relationship Trauma*. Poster presented at Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

*Willets, V., *Roos, L. G., Canevello, A., & Bennett, J. M. (2017, June). *Infidelity as a trauma: Empirical research linking infidelity experience and posttraumatic stress symptoms*. Oral paper presented at the International Association for Relationship Research Mini Conference, Syracuse, NY

Other (Awards, Grants, and Recognitions)

Blood markers related to isometric exercise training induced reductions in resting blood pressure. Role on project: Co-PI (Bennett, J. M.). UNC Charlotte Faculty Research Grant (\$17,678)

Continuation, Graduate Assistantship with Global Alliance for Behavioral Health and Social Justice, 1/1/19 – 5/15/19

Funding Source: American Orthopsychiatric Association (dba Global Alliance for Behavioral Health and Social Justice), \$8519

Investigators: Ryan P. Kilmer and Virginia Gil-Rivas

Creative Expression Award, Organization for the Study of Communication, Language & Gender (2018).

Johnson, B., Quinlan, M. M., Reyes, R. Greetings in the gap: Participant-generated support messages and emotional support for fertility patients. Awarded at OSCLG's 41st Annual Conference, South Lake Tahoe, NV.

Davis, C. S., Finalist, Harshini de Silva Graduate Mentor Award, UNC-Charlotte, 2017.

Davis, C. S., Invited Speaker, NCA (National Communication Association) Institute for Professional Development, 2018

Evaluation Assistantship, 6/16 – 6/17

Funding Source: Thompson Child and Family Focus, \$22,489

Investigators: James R. Cook and Ryan P. Kilmer

Graduate Assistantship with Global Alliance for Behavioral Health and Social Justice, 1/1/18 – 12/31/18

Funding Source: American Orthopsychiatric Association (dba Global Alliance for Behavioral Health and Social Justice), \$22,167

Investigators: Ryan P. Kilmer and Virginia Gil-Rivas

Graduate Assistantships with Teen Health Connection

Funding Source: Teen Health Connection, \$34,078, 8/15/18-5/15/19.

Investigators: Amy Peterman and Ryan P. Kilmer

Graduate Assistantship at United Way of Central Carolinas, 8/16/17 – 5/15/18

Funding Source: United Way of Central Carolinas, \$17,719

Investigators: Ryan P. Kilmer and James R. Cook

Graduate Assistantship with Communities in Schools, 8/16/17 – 5/15/18

Funding Source: Communities in Schools, \$8,344

Investigators: James R. Cook and Ryan P. Kilmer

Graduate Assistantship - Evaluation Coordinator: UNCC-CltBP Dual Language Innovation Classroom Evaluation, 8/15/18 - 5/15/19

Funding Source: Charlotte Bilingual Preschool, \$17,039

Investigators: Ryan P. Kilmer, James R. Cook, and Laura M. Armstrong

Increasing the Capacity of Early Childhood Education Programs to Use Data to Improve Implementation and Evaluation, R305H160052, 9/1/16 - 8/31/18

Funding Source: Institute of Education Sciences, U.S. Department of Education, \$398,000

Investigators: PI: James R. Cook; Co-PIs: Lindsay Messinger and Ryan P. Kilmer

National Communication Association's Ethnography Division's Best Aural and/or Visual Ethnography Award (2017). Lynn M. Harter, Evan Shaw (Producers), Margaret M. Quinlan, Stephanie Pangborn and Tom Hodson (Associate Producers) *A Beautiful Remedy* documentary and accompanying article: Harter, L. M., Panghorn, S. M., Ivancic, S., & Quinlan, M. M. (2017). Storytelling and social activism in health organizing. *Management Communication Quarterly*, 31, 314-320.

Quinlan, M. M., & Johnson, B. (Co-PIs), 2017-2018: College of Liberal Arts and Sciences (CLAS) Speaker Funding (\$1,350). Fertility for colored girls: Debunking racial myths by narrating stories of (in)fertility. The goal of this grant project is to bring in Rev. Dr. Stacey Edwards Dunn for a public presentation, panel discussion, filming session and interview. Event is an outcome of book research and advocacy work on practitioner-patient communication.

Quinlan, M. M., 2018-2019: UNC Faculty Research Grant (\$5,970): *You're Doing it Wrong! Mothering Discourses, Social Media, and the History of Medical Expertise* (Principle Investigator), Co-PI: Bethany Johnson. The goal of this grant project is to gather funding and complete research to support some of the drafted chapters, as well as the web-hosting for book companion website.

Quinlan, M. M., Faculty Recognition at UNC Charlotte's 49er Football Game (Fall 2017).

Social and environmental influences on geographical knowledge; Agency: Cyprus Research Promotion Foundation; Role: Galati, A., Co-PI (PI: Marios Avraamides, Co-PI: Alinda Friedman; Amount: €150,000; Period: 2018-2019

Technical Assistance to Teen Health Connection Pregnancy Prevention Project, 9/1/16 - 6/30/17; no-cost extension to 10/1/17

Funding Source: Teen Health Connection, \$15,000

Investigators: Erika Montanaro and Ryan P. Kilmer

Top Four Paper Award (Knobloch, Basinger, Abendschein, Wehrman, Monk, & McAninch), National Communication Association, Interpersonal Communication Division, 2017

Top Paper Award (Davis, C. S., & Breede, D. C. (April 2017). Playing on the margins), Communicating about death through ghostly play. Ethnography Interest Group, Southern State Communication Association annual convention, Greenville, SC.

Webb, J. B., 2018-2019: UNC Charlotte Department of Psychological Science SEED Grant (\$1000):
Developing the Be Body Kind for New Moms Guided Self-help Program (Principal Investigator)

Webb, J. B., 2018-2019: UNC Charlotte Faculty Research Grant (\$6,000): *Developing the Be Body Kind for New Moms Guided Self-help Program for Empowering Well-being in Postpartum Women with Weight Concern: A Qualitative Evaluation of the Need for Adapting the Body Kindness Self-help Program Guide* (Principal Investigator)

Webb, J. B., UNC Charlotte Bank of America Award for Teaching Excellence Nominee (2017)

Webb, J. B., UNC Charlotte Bonnie E. Cone Early-Career Professorship in Teaching Award (2017-2020)

New Health Psychology Doctoral Students

Rachel Uri

Previous School: University of North Carolina at Chapel Hill,
B.A. Psychology

Concentration: Clinical

Advisors: Dr. Gil-Rivas and Dr. Webb

Research Interests: Co-occurrence of eating disorders and chronic health conditions, body image and acceptance, social determinants of health and health equity (especially surrounding issues of food justice and insecurity)

About me: I am a Charlotte native who enjoys spending time with family, taking walks on the greenway, and regularly attending food truck Friday. When I'm not studying, I like to play with my cat, try out new recipes, and go hiking on the weekends.



Jodie Lisenbee

Previous School: University of California at Davis

Concentration: Clinical

Advisors: Drs. Webb and Gil-Rivas

Research Interests: Psychological factors that impact outcomes during the perinatal period, particularly the experiences of women during childbirth.

About Me: I grew up in San Diego but have spent the past four years living in San Francisco working in health tech and volunteering as a birth and postpartum doula! I love music festivals, riding my bike to campus on the greenbelt, exploring new places, and drinking new beers. :)



Alexis Mitchell

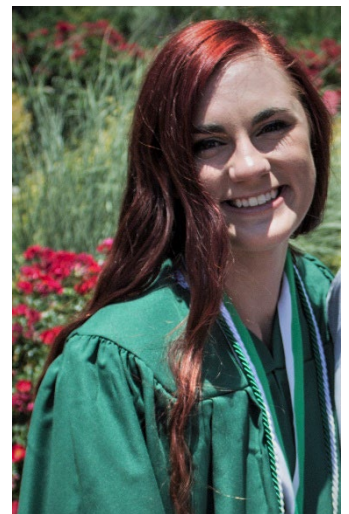
Previous School: UNC Charlotte

Concentration: Clinical

Advisor: Dr. Sara Levens

Research Interests: How mindfulness, emotion regulation, and acceptance, in the context of health information, relate to preventative health behaviors and behavior change, as well as disease risk and disease management.

About me: I've lived in the Charlotte area for about 8 years now and I'm originally from a small town in Virginia. I love living in Charlotte, however, my heart belongs to the Blue Ridge Mountains of Western NC and Southwest VA- nothing is more beautiful to me than a cool breeze and a mountain sunset! During my free time you can find me at a



farmer's market, running on the greenway, or travelling up to Asheville to visit my favorite tea shop or VA to see my family.

Jan Mooney

Previous School: UC Berkeley

Concentration: Clinical

Advisors: Dr. Webb and Dr. Armstrong

Research Interests: eating behaviors; weight/shape concerns; components of Acceptance and Commitment Therapy; development of emotion regulation; interoceptive awareness

About Me: I am originally from California and have been in North Carolina for six years now - I love it! I am a huge fan of my dog and we hang out all the time. I also really enjoy cooking, especially for friends and family.



Philip Zendels

Previous School: North Carolina State University

Concentration: General

Advisor: Dr. Gaultney

Research Interests: Sleep and cognition

About Me: I study sleep so that I can pretend I get enough of it! Some of my favorite hobbies include cooking and board games, and I have a huge nostalgia for anything Pokémon related! If you ever want to play a game ranging from Apples to Apples to Dungeons and Dragons, let me know.



Rachel Siegal

Previous School: University of Massachusetts, Amherst

Advisors: Drs. Cook and Kilmer

Research interests: Development, implementation and evaluation of school and community wide interventions; child and adolescent wellness; community-participatory based research; research dissemination and policy

About me: Growing up in Massachusetts I drank Dunkin' Donuts coffee instead of water and took the beautiful fall foliage for granted. After living in Baltimore for a few years, I still cheer for the Patriots but have grown to love Old Bay and the Maryland flag. If I haven't answered your email yet, chances are I'm out on a run, practicing my downward dog or procrastinating.



Iris Fraude

Previous School: Alpen-Adria Universität Klagenfurt

Concentration: Clinical

Advisor: Dr. Armstrong

Research Interests: Adverse childhood experiences, early trauma, prevention of child maltreatment, early childhood interventions, interpersonal relationships

About Me: I was born and raised in Germany and went to college in Austria for my undergrad and graduate degree. It's my first time living in such a big city and I very happy to be here. When I am not studying I love being active. I enjoy running, tennis, and working out.



Maria Alessi

Previous School: University of Pittsburgh

Concentration: Clinical

Advisor: Dr. Bennett

Research Interests: My research interests focus on mind-body interventions for the treatment of depression. More specifically, I am interested in how emotion regulation interventions such as mindfulness meditation can affect the physiology of stress responses (i.e. HPA axis activation, inflammation) that are elevated in depression.

About me: I am passionate about mental health education and living a balanced life. In my free time, I love hiking, biking, camping, running, and hanging out with friends!



Announcements and Reminders

Announcements and Upcoming Events:

- **Dissertation Defense Announcement Template:** In an effort to standardize the way in which dissertation defenses are announced to the campus, the Graduate School introduces a new one-stop-template for announcements: <http://graduateschool.uncc.edu/dissertation-defense-announcements> . Now information can be entered one time, which will automatically post to the web and be shared with Academic Affairs. No need to send multiple emails in order to get announcements published.

Important Reminders:

- If you would like to update any information on the Health Psychology webpage or you would like to make an announcement in the weekly news blast, please email Lena Etzel (letzel@uncc.edu)

Thank you for your interest in our Health Psychology Program newsletter. If you have any information you would like to include in future newsletters, or if you would like to be added to our e-mail list, please contact Lena Etzel (letzel@uncc.edu)

