



UNC CHARLOTTE

**Health Psychology PhD Program**

**2019 Year in Review**



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# Program News

For additional information, please visit our website: <http://healthpsych.uncc.edu/>

## From the Program Director

I am pleased to share with you some of the most recent program activities and the achievements of students and faculty in the Health Psychology Program. Over the past year, we welcomed new faculty and students, celebrated accomplishments, suffered losses, and launched new initiatives.

This year, the program has taken some notable steps to focus on program planning and to develop a strategic plan for the upcoming years. Specifically, we have had multiple meetings – with students and faculty separately and jointly - to identify strengths of the program, challenges, and opportunities. We have been using these insights and have discussed collaborative next steps. Our first program meeting in January will continue the conversation, so we can make sure we are taking actionable steps as we move forward!

I hope everyone had a smooth end of the semester and a happy holiday season! I am wishing everyone a happy, healthy, and prosperous 2020 and a good start into the Spring semester!

Dr. Gil-Rivas

**Interview Day will be on Friday, February 7<sup>th</sup> 2020!**

## **Program Meetings for 2020 (12pm-1pm)**

January 17<sup>th</sup> – Cone 111

Discussion around program initiatives (based on the faculty/student joint meeting in Fall 2019)

February 21<sup>st</sup> – Rowe 130

Speaker: Jeanette Bennett

March 20<sup>th</sup> – Rowe 130

Diversity committee event TBD

April 24<sup>th</sup> – Rowe 130

Volunteering event TBD

## **Welcome to our new program faculty!**

### **Jennifer Langhinrichsen-Rohling, Ph.D. joined the Health Psychology faculty in Fall 2019 from the University of South Alabama.**

Dr. L-R has 25 years as a licensed Clinical Psychologist and has amassed over 120 peer reviewed publications in her role as a scientist and professor. The majority of these publications focus on her longstanding interests in relationship and family violence (e.g., stalking, rape, physical abuse, and the intergenerational transmission of relationship behaviors), and adolescent risky, unhealthy, suicidal, and/or life-diminishing behaviors. Her most recent research is community-based, focused on underserved and disadvantaged populations, and occurs while integrating mental and behavioral health care into primary care and school settings. In particular, implementing, evaluating, and educating others to provide evidence-based, solution-focused and resiliency-enhancing interventions is a priority for Dr. L-R.



We are very grateful that Dr. L-R joined us in the Fall semester and that she has also taken on the role as the program Ombudsperson for students! Welcome :-)

## **Welcome to our new incoming cohort (Fall 2019)!**

A total of five students joined us in the Fall 2019.

Kirby Magid joined the general concentration!

Michelle Chen, Aimi Hardy, Fallon Richie, and Cody Dillon-Owens joined the clinical concentration!

## Niner Nation Unites, Remembers, and Rises!



**April 30<sup>th</sup>, 2019** is the saddest day in UNC Charlotte's history and it will always be a part of our history. Words cannot adequately express the heartbreak that UNC Charlotte experienced on April 30<sup>th</sup> 2019. As Chancellor Philip L. Dubois highlighted, “each passing day since the tragic events of April 30<sup>th</sup> has left its own imprint on the collective consciousness of Niner Nation. We shared disbelief and sadness as we learned of the loss of **Reed Parlier and Riley Howell**. We united physically and virtually in memory of them and in support of Rami, Sean, Emily, and Drew through the candlelight vigil, in-person

and online donations of time and resources, countless supportive words, and the permanent [Niner Nation Remembers website](#).”

“Niner Nation has united together, and now we will rise together. Rising together requires acknowledging and understanding what we have endured as a community and as individuals. Rising together requires reaching out when we need help or encouragement, and lending strength when we have some to spare. Rising together requires embracing our grief and each other, allowing the memories of April 30<sup>th</sup> to propel us forward one step at a time. Niner Nation rises, but we will never forget.” (Philip L. Dubois, UNCC Chancellor).



The Health Psychology PhD program is deeply saddened by the horrific events on April 30<sup>th</sup> and encourages everyone to find comfort and support as we process, remember, and respond to this event. We strongly encourage both students and faculty to reach out if they would like to find a way to honor the memory of the victims of this event.

The Niner Nation Remembrance Commission final report was recently sent out. Please see the email from Chancellor Philip L. Dubois on January 7<sup>th</sup> for more details.

## Concentration Updates

### Clinical Concentration: APA Update

After a long process, the Commission of Accreditation (CoA) has finally announced our program's APA accreditation renewal!! The process began with the submission of a program self-study on May 1, 2017, followed by a productive and positive site visit on November 16 and 17, 2017. In May, 2018, we were asked to provide additional information. Eventually, in August of 2019, our Clinical program received a renewal of its APA Accreditation Status until 2027. Congratulations and thank you to Dr. Amy Peterman, our clinical director, and everyone involved in this process!!!

**Please congratulate our three students who are on internship this year. All three students matched with their first choice and all three sites are APA accredited!**

- Nadia Jafari is currently at the National Psychology Training Consortium in Washington State, where she specializes in integrated primary care.
- Ana Orejuela is completing her internship at the James A Haley Veterans Administration Hospital in Tampa, FL, where she completes rotations in health psychology, trauma, and general clinical psychology.
- Olivia Riffle is completing her internship at the Michael E. DeBakey Veterans Medical Center in Houston, TX., where she receives training in general clinical and clinical health psychology.

**Best of luck to all clinical students who are in the process of applying for internship (starting in 2020)!!**

**Congratulations are also to a number of program graduates whose degrees were conferred during Spring and Summer of 2019: Dr. Leila Forbes, Dr. Cara Blevins, Dr. Brooke Palmer, and Dr. Nicole Hilaire**

We are very excited that our graduates continue to contribute so much to the field of health psychology!

### Practicum Placements Fall 2019/Spring 2020

Paisley Lewis – UNCC Counseling Center GA

Marie Hayes – Myers Park Internal Medicine

Meredith Harrison – Wake Forest Oncology

Brittany Price – VA CharlotteSydney Park – Neuropsychological Services Charlotte

Alyssa Minnick - UPenn, Philadelphia

Courtney Rogers – Myers Park Internal Medicine

Cecily Basquin - Child and Family Development

Megan McComas - Teen Health Connection

Magin Day –Dyess Air Force Base, Texas

Aria Ruggiero – VA Charlotte

Victoria O’Connor – Carolinas Rehabilitation

Lena Etzel – VA Charlotte

Maggie Gigler – Elizabeth Family Medicine

Leslie Snapper – Elizabeth Family Medicine

Austin Coates – Child and Family Development

Jan Mooney – UNCC Counseling Center, Advanced Practicum

Alexis Mitchell, Iris Fraude, Jodie Lisenbee, Maria Alessi, Rachel Uri – UNCC Counseling Center, Beginning Practicum

**In 2019, our clinical students worked with over 1000 clients at various practicum sites in the Charlotte community and surrounding area.**

### **Current community collaborations and partnerships**

Boulder Crest Institute for Posttraumatic Growth, Bluemont, VA

Charlotte Bilingual Preschool

Charlotte-Mecklenburg Schools

Child Care Resources, Inc.

Communities in Schools

Community Free Clinic of Concord

CrossRoads Corporation for Affordable Housing and Community Development, Inc.

Davidson College

KinderMourn

Teen Health Connection

United Way of Central Carolinas

Urban Institute (UNC Charlotte)

Thank you to all students and faculty for their contributions to different communities!

# Health Psychology Graduate Student Association

## HPGSA 2019/2020

President: Lena Etzel  
Vice President: Jodie Lisenbee  
Secretary: Maria Alessi  
Treasurer: Bradley Aleshire  
Senator: Alexis Mitchell  
Philanthropy Chair: Jan Mooney  
Social Chair: Maggie Gigler  
Social Media Chair: Leslie Snapper  
General Representative: Lydia Roos  
Clinical Representative: Cecily Basquin  
Community Representative: Rachel Siegal

## HPGSA 2018/2019

President: Courtney Rogers  
Vice President: Sydney Park  
Secretary: Catie Simmons  
Treasurer: Bradley Aleshire  
Senators: Meredith Griffin and Lena Etzel  
Philanthropy Chair: Cecily Basquin  
Social Chair: Megan McComas  
Social Media Chair: Lydia Roos  
Clinical Concentration Representative: Alyssa Minnick  
Community Concentration Representative: Vickie Galica  
General Concentration Representative: Lydia Roos

## Events 2019

### **Fundraisers**

- In the Spring, our primary fundraiser was the Health Psychology program t-shirt sale. Funds raised by HPGSA during fundraisers are used for things such as social events, student gifts, operational costs, etc.
- Lastly, we hosted a Winter Donation/Book Drive to support “Promising Pages”, a local nonprofit organization. Current students crafted bookmarks and motivational letters that were distributed to children who participate in Promising Pages’ literacy programs. Faculty provided generous financial support to fund the materials needed to do the crafting and to directly support the organization, as well as books given to be used as part of the Literacy programs! Thank you to everyone for helping HPGSA with this great cause!

### **Social Events**

- We also organized a number of social events including brewery socials and a fun night out at the White-Water Center during the holidays.

### **Volunteering**

- This year, we volunteered with a number of organizations (over 16 hours), including the on-campus Food Pantry at UNCC.

### **Advocacy**

- Concentration representatives attended advisory committee meetings and served as liaisons between HPGSA and the advisory committee, as well as between their respective concentrations and HPGSA.
- A number of students participated in the Charlotte NEDA Walk in Fall 2019!

### **Other**

- HP students were able to obtain a significant amount of travel funding from the Graduate and Professional Student Government as members of HPGSA.
- HPGSA played a significant role in the coordination of interview day in 2019, and will continue this tradition in the coming year 2020. For example, we provided/will provide lunch to applicants and program members. Additionally, we helped/will help to monitor the obtainment of housing and travel for applicants as needed.



## Looking Ahead - HPGSA Speaker Series 2020

**Friday January 10th, 2-4pm:**

Dr. Galati will present a tutorial on linear mixed effects models in R

**Room:** Colvard 3140

**Tuesday, February 11th 4-5pm:**

Dr. L-R will talk about her work on the National Sexual Assault Kit Initiative projects

**Room:** TBD

**Friday, February 21st 10-11am:**

Dr. Basinger will present on qualitative research and communication in the context of health

**Room:** Colvard 3120

**Tuesday, March 10th 4-5pm:**

Dr. Markant will present on "Open Science Framework".

**Room:** TBD

**Friday, March 13th 12-1pm:**

Dr. Rohling will present on the Rohling Interpretive Method

**Room:** TBD

**Friday, April 24th 1-2pm:**

Dr. Dahl will present on "Grant seeking and writing"

**Room:** TBD

# Student and Faculty Accomplishments

## Awards and Honors:

### **Dissertation defended:**

Alyssa Minnick

### **Dissertation proposed:**

Courtney Rogers

Nadia Jafari

Lydia Roos

### **MA thesis/Second-year project defended:**

Megan McComas

### **Program Health Psychology Summer Research Fellowship 2019 Recipients:**

Aria Ruggiero, Victoria O'Connor, and Lena Etzel

### **Other Awards:**

**Ruggiero, A. R.**, "Best of the best" oral presentation award - American Psychosocial Oncology Society Conference

**Ruggiero, A. R.**, "Best of the best" poster presentation award - American Psychosocial Oncology Society Conference

**Fraude, I.**, Nomination for the Outstanding Graduate Teaching Assistantship Award

**Roos, L. G.**, P.E.O. Scholar Award 2019-2020

**Roos, L. G.**, Psi Chi's and APA's Edwin B. Newman Graduate Research Award Winner 2018/19

### **SCRA Outstanding Educator Award Recipient: Dr. Jim Cook**

Dr. Jim Cook was selected as the recipient of the 2019 Society for Community Research and Action (SCRA) Outstanding Educator Award. "This award recognizes a SCRA member who has made exemplary and innovative contributions to the educations of students about community psychology and community research and action."

### **Bank of America Award for Teaching Excellence Recipient: Dr. Jennifer Webb**

Dr. Jennifer Webb received the Bank of America Award for Teaching Excellence!!

The award is one of the most important and prestigious traditions at UNC Charlotte. It honors outstanding tenured teachers on our campus and provides an example of the University's commitment to excellence in teaching. For more information about the award: <https://teachingaward.uncc.edu/>

## Sample Scholarly Achievements

### Sample Publications with Student Authors

- Blevins, C. L., **Greene, T. C.**, & Tedeschi, R. G. (2019). Identifying and Facilitating Posttraumatic Growth in Military Personnel. *Treating PTSD in Military Personnel: A Clinical Handbook*, 415.
- Felton, J.W., Hailemariam, M., **Richie, F.**, Reddy, M.K., Edukere, S., Zlotnick, C. & Johnson, J.E. (2019). Preliminary efficacy and mediators of interpersonal psychotherapy for reducing posttraumatic stress symptoms in an incarcerated population. *Psychotherapy Research*.
- Kulkarni, S.J., Porter, A. M, **Minnick, A.**, & Gil-Rivas, V. (in press). "I feel like...their relationship is based on the media": Relationship between Media Representation and Adolescents' Relationship Knowledge and Expectations." *The Journal of Primary Prevention*.
- Johnson, J. E., Hailemariam, M., Zlotnick, C., **Richie, F.**, Sinclair, J., Chuong, A., Wiltsey Stirman, S. (in press). Mixed methods analysis of implementation of Interpersonal Psychotherapy (IPT) for major depressive disorder in prisons in a Hybrid Type I randomized trial. *Administration and Policy in Mental Health and Mental Health Services Research*.
- McCullars, A., **Richie, F.**, Klibert, J., & Langhinrichsen-Rohling, J. (in press) What's so funny? Adaptive versus maladaptive humor styles as mediators between early maladaptive schemas and resilience. *International Journal of Humor Research*.
- Moskovich, A. A., Dmitrieva, N. O., Babyak, M. A., Smith, P. J., Honeycutt, L. K., **Mooney, J.**, & Merwin, R. M. (2019). Real-time predictors and consequences of binge eating among adults with type 1 diabetes. *Journal of Eating Disorders*, 7(1), 7. doi: 10.1186/s40337-019-0237-3
- Richie, F.**, Bonner, J., Wittenborn, A., Weinstock, L., Zlotnick, C., & Johnson, J.E. (in press). Social support and suicidal ideation among prisoners with major depressive disorder. *Archives of Suicide Research*.
- Ruggiero, A. R.**, Peach, H. D., & Gaultney, J. G. (2019). Association of sleep attitudes with sleep hygiene, duration, and quality: A survey exploration of the moderating effect of age, gender, race, and perceived socioeconomic status. *Health Psychology and Behavioral Medicine*, 7(1), 19-44. doi: 10.1080/21642850.2019.1567343
- Sagui-Henson, S. J., **Mitchel, A. D.**, Armstrong, L. M., **Basquin, C. A.** & Levens, S. M. (accepted). Parental emotion regulation ability, parenting self-efficacy, and child diet. *Journal of Child and Family Studies*.
- Scott, V. S., Taylor, Y. J., **Basquin, C.** & Venkitesubramanian, K. (2019). The impact of key workplace breastfeeding support characteristics on job satisfaction, breastfeeding duration, and exclusive breastfeeding among healthcare employees. *Breastfeeding Medicine*.
- Tynan, J.M., Scott, V.S., **Gigler, M.E.**, Mayfield, C.A., Hernandez, B., Cammon, C.T., & McDonald, W.H. (2019). Building Uplifted Families: A Place-based Collaboration Focusing on Social Determinants of Health. *American Journal of Community Psychology*. In press.
- White, E. K., **Mooney, J.**, & Warren, C. S. (2019). Ethnicity, eating pathology, drive for muscularity, and muscle dysmorphia in college men: A descriptive study. *Eating Disorders: The Journal of Treatment and Prevention*, 27, 137-151.

## Sample Presentations of Current Students

- Basquin, C. A.** & Armstrong, L. M. (2019, March). Predictors of Parent Readiness to Change Child Weight Behavior among Overweight Children. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
- Blanton, M., Gonzalez, J., **Richie, F.**, Brown, C., & Langhinrichsen-Rohling, J. (January, 2019). Building a trauma informed community through the Sustainable Solutions After Disasters grant: A collaborative effort between Lifelines Counseling Agency and the University of South Alabama. Poster presented at the Building Blocks for Impactful Engagement toward Health Equity Forum, Mobile, AL.
- Buchholz, C., Nguyen, D., Miller, M., Smith, A., **Dillon-Owens, C.**, & Poore, S. (January, 2017). Examining the role of empathy in Trump supporters' desire to punish outgroup members. Poster presented at the eighteenth annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Buchholz, C., Powell, L., Miller, M., **Dillon-Owens, C.**, Poore, S., & Smith, A. (2018, March). The moral dilemma of self-driving cars. Poster presented at the nineteenth annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Buchholz, C., Smith, A., **Dillon-Owens, C.**, & Powell, L. (2019, February). Tingles, shivers, and a virtual haircut: An experimental examination of ASMR. Poster to be presented at the twentieth annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- Dillon-Owens, C.**, Findley-Van Nostrand, D., Buchholz, C., & Ojanen, T. (2019, March). Early adolescent cognitive and affective empathy: Direct and interactive ties to social-emotional adjustment. Poster submitted to be presented at the 2019 biennial meeting of the Society for Research in Child Development, Baltimore, MD.
- Dillon-Owens, C.**, Miller, M., Powell, L., Buchholz, C., Smith, A., & Poore, S. (2018, March). Understanding moral decision making using self-driving cars. Poster presented at the nineteenth annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Etzel, L.**, McGonagle, A. K., & **Roos, L. G.**, (2019, November). *One for all & all for one: Compassionate goals and social support predicting work engagement.* Poster presented at the Work, Stress & Health conference, Philadelphia, PA.
- Etzel, L.**, Sagui-Henson, S. J., **Jafari, N.**, & Levens, S. M. (2019, March). *Shame on ... myself? Internalized weight stigma predicts self-referent word use to health-based emotional stimuli.* Poster presented at the Society for Affective Science conference, Boston, MA.
- Gigler, M.**, **Snapper, L.**, Mayfield, C., & Thomas, M. (2019) Enhancing Communication and Engagement Among Community Partners Using Advanced Technology and R-Shiny Dashboards. Symposium at SCRA Biennial 2019, Chicago.
- Gigler, M.E.**, & Scott, V.C. (2019, June). Evaluating Partnership Effectiveness in a Cross-Sector Community Partnership. Presented in V.C. Scott's (Chair) A Formative Evaluation Approach to Monitoring and Improving a Complex Community Transformation Effort to Advance Social Mobility, at the 16th Biennial Conference for the Society of Community Research and Action, Chicago, IL.

- Gigler, M.E., & Scott, V.C.** (2019, March). A Community-based Participatory Research Approach to Strengthening a Cross-Sector Partnership to Advance Social Mobility. Presented at the 19th annual Graduate Research Symposium, Charlotte, NC.
- Gigler, M.E., Scott, V.C., Mayfield, C.A., Thorpe, A., Thomas, M., & Dulin, M.** (2019, November). Advancing Health Equity via a Cross-Sector Community Partnership: Using a Collaborative, Formative Evaluation Approach to Promote Continuous Quality Improvement. Poster presented at the American Public Health Association Annual Meeting and Expo, Philadelphia, PA.
- Giles, A., Moore DeBruhl, C., **Park, S.**, Liberatore, G., Strowd, R., Lesser, G., Tatter, S., Laxton, A., Feldman, J., Sam, M., Chan, M., Cramer, C., & Cummings, T. (November 2019). Long term neuropsychological follow-up of radiation induced cognitive decline (RICD) in cerebellar medulloblastoma. Poster presented at the 2019 Annual Conference of the National Academy of Neuropsychology, San Diego, CA.
- Hailemariam, M., Jefferson, B., Muhammad, J., **Richie, F.**, Sinclair, J., Spencer, B., Miller, R., Summers, M., Greer, D., McCoy White, J., Robinson, D., Saddler, S., Key, K., & Johnson, J.E. (March, 2019). Intersectionality, Special populations, needs and suggestions: The Flint Women's Study. Presentation at the Healthy Flint Research Coordination Center (HFRCC) Symposium, Flint, MI.
- Jafari, N., Webb, J. B., Lisenbee, J., Mooney, J., & Uri, R.** (2019, November). Mindful-Eating Smartphone Application for Binge Eating: Feasibility, Acceptability, and Preliminary Efficacy. Poster session presented at the the 29th Annual Renfrew Center Foundation Conference for Professionals, Philadelphia, PA.
- Johnson, J. E., Hailemariam, M., Key, K., Jefferson, B., Mumammad, J., Greer, D., McCoy White, J., Miller, R., **Richie, F.**, Robinson, D., Saddler, S., Spencer, B., & Summers, M. (March, 2019). The Flint Women's Study: Overview of findings. Presentation at the Annual Conference of the Healthy Flint Research Coordinating Center (HFRCC), Flint, MI.
- Masten, M., Vega, S., Hailemariam, M., Jefferson, B., Muhammad, J., **Richie, F.**, Sinclair, J., Spencer, B., Miller, R., Summers, M., McCoy White, J., Greer, D., Robinson, D., Saddler, S., Key, K., & Johnson, J.E. (March, 2019). Reproductive healthcare needs of women and girls in the Flint area. Poster presented at the Healthy Flint Research Coordination Center (HFRCC) Symposium, Flint, MI.
- Mayfield, C.A., **Snapper, L.A.**, Jose, J., **Gigler, M.E.**, Thomas, M., Dulin, M., & Scott, V.C. (2019, November). Using Cloud-Based, Open Source Technology to Evaluate, Improve, and Rapidly Disseminate Community-Based Intervention Data. To be presented at the American Public Health Association Annual Meeting and Expo, Philadelphia, PA.
- Minnick, A. M.**, Gil-Rivas, V., & Cachelin, F. (2019, March). *Understanding body dissatisfaction among racial/ethnically diverse college men: Implications for BMI and binge eating behaviors.* Symposium presentation conducted at the Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Washington, D.C.
- Mooney, J.**, Nansel, T.R., & Lipsky, L.M. (2019, August). Assessing the influences of stress and motivation for healthy eating on diet quality during pregnancy and the first year postpartum. Poster presented at the annual Summer Poster Day for the National Institutes of Health, Bethesda, MD.
- Richie, F.**, Bonner, J., Wittenborn, A., Weinstock, L., Zlotnik, C., & Johnson, J.E. (2019, November). Suicidal ideation in prisoners with major depressive disorder: Social support as a key factor. In A. Rabasco (Chair), Suicide in Underrepresented Populations. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

- Richie, F.,** Lathan, E., Selwyn, C., & Langhinrichsen-Rohling, J. (April, 2020). BITTEN by the system that cared for them: The impact of healthcare institutional betrayal on patients' health behavior. Poster to be presented at the annual convention of the Society for Behavioral Medicine, San Francisco, CA.
- Richie, F.,** Selwyn, C., Kelly, M., Archer, S., & Langhinrichsen-Rohling, J. (November, 2019). A multidisciplinary approach to enhancing health literacy and managed care among charitable pharmacy patients. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Roos, L. G., Etzel, L.,** Flinchum, J., & McGonagle, A. K. (2019, November). *I want you to like me and it's stressing me out: The paradoxical effects of self-image goals on surface acting and burnout at work.* Oral presentation at the Work, Stress & Health conference, Philadelphia, PA.
- Ruggiero, A. R.,** Peach, H. D., & Gaultney, J. F. (2019, June). Sleep attitudes predicting sleep outcomes: An intersectionality perspective. Poster presented at the 33rd annual meeting of the Associated Professional Sleep Societies. San Antonio, TX.
- Ruggiero, A. R.,** Peach, H. D., & Gaultney, J. F., **Zendels, P. M.** (2019, June). Indirect Effect of Sleep Attitudes on Sleep Duration and Quality Via Arousal Behaviors. Poster presented at the 33rd annual meeting of the Associated Professional Sleep Societies. San Antonio, TX.
- Scott, J., Hailemariam, M, Key, K, Jefferson, J., Muhammad, J., **Richie, F.,** Sinclair, J., Spencer, B., Miller, R., McCoy White, J., Summers, M., Greer, D., Robinson, D., Saddler, S., & Johnson, J. E. (2019, March). The Flint Women's Study: Access to equitable resources and services. Presentation at the Annual Conference of the Healthy Flint Research Coordinating Center (HFRCC), Flint, MI.
- Scott, V.C., **Gigler, M.E.,** Taylor, Y., & McGee, J. (2019, November). A socio-ecological approach to understanding workplace breastfeeding support in a large healthcare system. Poster presented at the American Public Health Association Annual Meeting and Expo, Philadelphia, PA.
- Snapper, L.,** & Jose, J. (2019). Advantages and challenges of using REDCap Cloud as a tool for community. Symposium at SCRA Biennial 2019, Chicago.
- Snapper, L.,** Scott, V., Kenworthy, T. (2019). Evaluating Readiness for Community-Based Cross-Sector Partnerships to Integrate Care: Tool Development and Implementation to Improve Partnership Effectiveness. Symposium at SCRA Biennial 2019, Chicago.
- Sneed, R., Hailemariam, M., Jefferson, B., Muhammad, J., **Richie, F.,** Sinclair, J., Spencer, B., Miller, R., Summers, M., McCoy White, J., Greer, D., Robinson, D., Saddler, S., Key, K., & Johnson, J.E. (March, 2019). Benefits and challenges associated with intergenerational relationships: Findings from the Flint Women's Study. Poster presented at the Healthy Flint Research Coordination Center (HFRCC) Symposium, Flint, MI.
- Stich, B. M., **McComas, M., Minnick, A. M.,** & Gil-Rivas, V. (2019, March). *Binge eating among college men: The role of childhood experiences and body dissatisfaction.* Symposium presentation at the Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Washington, D.C.
- Tolbert, A. M., Lichiello, S. C., **Ruggiero, A. R.,** Wittenberg, A., McQuellon, R. P., & Duckworth, K. E. (2019, February). Creation of an AYA Social Group Within an Academic Medical Center: Lessons Learned and Obstacles to Overcome. Oral presentation at the 16th annual meeting of the American Psychosocial Oncology Society. Atlanta, GA.
- Tolbert, A. M., Lichiello, S. C., **Ruggiero, A. R.,** Wittenberg, A., McQuellon, R. P., & Duckworth, K. E. (2019, February). Creation of an AYA Social Group Within an Academic Medical Center: Lessons

Learned and Obstacles to Overcome. Poster presented at the 16th annual meeting of the American Psychosocial Oncology Society. Atlanta, GA.

Webb, J. B., Reeve, C., **Etzel, L., Papay, K.,** Hardin, A., & Taylor, J. (2019, March). *The Weight-Related Microaggression Experiences Questionnaire: Item Development and Initial Evaluation*. Poster presented at the American Psychosomatic Society conference, Vancouver, BC, Canada.

Webb, J. B., Scritchfield, R., Vinoski Thomas, E., **Lisenbee, J., Mooney, J., & Rogers, C. B.** (2019, March). Exploring a Model of Depressive Symptoms, Negative Body Image, and Mindful Self-care in Pregnancy and Mothers of Young Children. Poster session presented at the Society of Behavioral Medicine's 40th Annual Meeting and Scientific Sessions, Washington, DC.

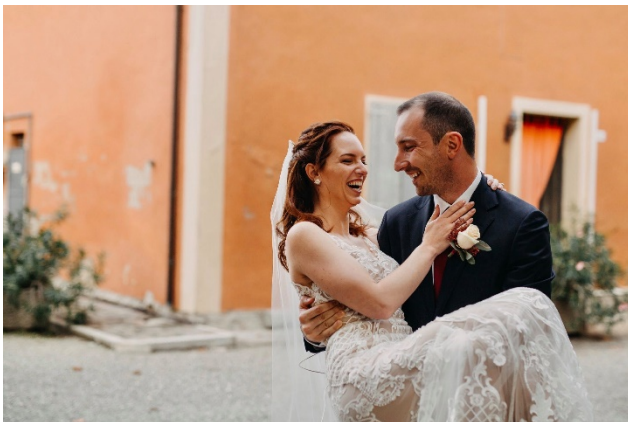
## Other Updates & Photos

### Weddings 2019



**Leslie Snapper (Clinical concentration) & Nate Hudgins**

**Megan McComas (Clinical concentration) & Justin Shrieves**



**Lydia Roos (General concentration) & Matteo D'Angelo**



## Engagements 2019

**Cecily Basquin (Clinical concentration) & Drew Gadaire (Community concentration)**



**Olivia Riffle (Clinical concentration) & Lee Blandford**

## Events 2018/2019



**Kim and Kevin welcomed Tommy to their family in 2019**

**MA Graduation (left to right): Brittany Price, Sydney Park, and Marie Hayes**





**NEDA Walk in Charlotte**

**Welcome back from Summer - Program Social**



**Yoga at the White Water Center**

**Successful Internship Match Celebration – Congratulations Nadia, Ana, and Olivia!**





**SCRA Biennial 2019,**  
**Chicago**

**Lydia receiving her award at**  
**the APA conference 2019**



**SCRA Biennial 2019,**  
**Chicago**



## Announcements and Reminders

### Announcements

- **Dissertation Defense Announcement Template:** In an effort to standardize the way in which dissertation defenses are announced to the campus, the Graduate School introduces a new one-stop-template for announcements: <http://graduateschool.uncc.edu/dissertation-defense-announcements> . Now information can be entered one time, which will automatically post to the web and be shared with Academic Affairs. No need to send multiple emails in order to get announcements published.

Thank you for your interest in our Health Psychology Program newsletter. If you have any information you would like to include in future newsletters, or if you would like to be added to our e-mail list, please contact Lena Etzel (letzel@uncc.edu)



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